|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Directions: For each of the following statements circle the number which most nearly presents your true feeling.** | | | | | | |
|  |  |  |  |  |  |  |  |
| 1. I think about the ultimate meaning of life: | | | |  |  |  |  |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|  | Never | Rarely | Occasionally | Sometimes | Often | Very Often | Constantly |
| 2. I have experienced the feeling that while I am destined to accomplish something important, I cannot quite put my finger on just what it is: | | | | | | | |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|  | Never | Rarely | Occasionally | Sometimes | Often | Very Often | Constantly |
| 3. I try new activities or areas of interest, and then these soon lose their attractiveness: | | | | | | |  |
|  | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
|  | Constantly | Very Often | Often | Sometimes | Occasionally | Rarely | Never |
| 4. I feel that some element which I can't quite define is missing from my life: | | | | | |  |  |
|  | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
|  | Constantly | Very Often | Often | Sometimes | Occasionally | Rarely | Never |
| 5. I am restless: | |  |  |  |  |  |  |
|  | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
|  | Constantly | Very Often | Often | Sometimes | Occasionally | Rarely | Never |
| 6. I feel that the greatest fulfillment of my life lies yet in the future: | | | | | |  |  |
|  | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
|  | Constantly | Very Often | Often | Sometimes | Occasionally | Rarely | Never |
| 7. I hope for something exciting in the future: | | | |  |  |  |  |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|  | Never | Rarely | Occasionally | Sometimes | Often | Very Often | Constantly |
| 8. I daydream of finding a new place for my life and a new identity | | | | | |  |  |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|  | Never | Rarely | Occasionally | Sometimes | Often | Very Often | Constantly |
| 9. I feel the lack of - and need to find - a real meaning and purpose in my life: | | | | | |  |  |
|  | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
|  | Constantly | Very Often | Often | Sometimes | Occasionally | Rarely | Never |
| 10. I think of achieving something new and different: | | | | |  |  |  |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|  | Never | Rarely | Occasionally | Sometimes | Often | Very Often | Constantly |
| 11. I seem to change my main objective in life: | | | |  |  |  |  |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|  | Never | Rarely | Occasionally | Sometimes | Often | Very Often | Constantly |
| 12. The mystery of life puzzles and disturbs me: | | | |  |  |  |  |
|  | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
|  | Constantly | Very Often | Often | Sometimes | Occasionally | Rarely | Never |
| 13. I feel myself in need of a "new lease on life": | | | |  |  |  |  |
|  | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
|  | Constantly | Very Often | Often | Sometimes | Occasionally | Rarely | Never |
| 14. Before I achieve one goal, I start out toward a different one: | | | | |  |  |  |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|  | Never | Rarely | Occasionally | Sometimes | Often | Very Often | Constantly |
| 15. I feel the need for adventure and "new worlds to conquer": | | | | |  |  |  |
|  | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
|  | Constantly | Very Often | Often | Sometimes | Occasionally | Rarely | Never |
| 16. Over my lifetime I have felt a strong urge to find myself: | | | | |  |  |  |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|  | Never | Rarely | Occasionally | Sometimes | Often | Very Often | Constantly |
| 17. On occasion I have thought that I had found what I was looking for in life, only to have it vanish later: | | | | | | | |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|  | Never | Rarely | Occasionally | Sometimes | Often | Very Often | Constantly |
| 18. I have been aware of all-powerful and consuming purpose toward which my life has been directed: | | | | | | | |
|  | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
|  | Constantly | Very Often | Often | Sometimes | Occasionally | Rarely | Never |
| 19. I have sensed a lack of a worthwhile job to do in life: | | | | |  |  |  |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|  | Never | Rarely | Occasionally | Sometimes | Often | Very Often | Constantly |
| 20. I have felt a determination to achieve something far beyond the ordinary: | | | | | |  |  |
|  | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
|  | Constantly | Very Often | Often | Sometimes | Occasionally | Rarely | Never |